What is claimed is:

- 1. A myopia therapy appliance, characterized in that the appliance comprises a suction head and a handle, the end of the suction head comprises a round flat opening, and a blowhole set on the wall of the handle.
- 2. The myopia therapy appliance of claim 1, wherein the end of the suction head is an intrados.
- 3. The myopia therapy appliance of claim 1 or 2, characterized in that the suction head is more than 8mm deep.
- 4. The myopia therapy appliance of claim 3, characterized in that the diameter of the suction head is between 10mm and 35mm.
- 5. A blinder having a myopia therapy appliance installed thereon, the blinder comprising a concave opaque cover connected to an elastic strap, and the myopia therapy appliance detachably installed on the cover, characterized in that the myopia therapy appliance comprises a suction head and a handle, the end of the suction head comprises a round flat opening, and a blowhole is set on the wall of the handle.
- 6. The myopia therapy appliance of claim 5, characterized in that the end of the suction head is an intrados.
- 7. The myopia therapy appliance of claim 5 or 6, characterized in that the suction head is more than 8mm deep.
- 8. The myopia therapy appliance of claim 7, characterized in that the diameter of the suction head is between 10mm and 35mm.